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*Multi-site Pilot Randomized Control Trial of Congruence Couple Therapy for Problem Gamblers*

This study was conducted in Ontario and Alberta, Canada from 2009-2011 to compare the status of couples in treatment to control condition with usual treatment and non-treatment. Treatment couples received 12-week CCT while control couples received 3 brief check-ins over 12 weeks. Baseline mean DSM-IV gambling score = 8.7/10. Retention of the treatment couples was 89% at 2-month follow-up. Retention of control couples was 78%. Of interest is the non-intended positive effects of couple research participation on control participants. The sample (N=30; 15 couples) consisted of 66% male gamblers and 34% female. CCT treatment was found to be well accepted.